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Resource Inventory

Abuse -

According to Tennessee law, ALL adults must report suspected cases of child abuse and neglect. This includes doctors, police, teachers, parents, mental health professionals, child care providers, dentists, family members and friends.

The Tennessee Department of Children's Services is mandated by law to investigate reports of suspected child abuse and neglect. If you live in Tennessee, immediately report your suspicions by calling the **Tennessee Child Abuse Hotline at 1.877.237.0004**. Someone is available 24/7.

American Red Cross, Mid-South Chapter

(901) 726-1690

1400 Central Avenue

Memphis, TN 38104

hideb@midsouthredcross.org

Mon-Fri, 8:00 am-5:00 pm Varies depends on services and conditions.

The [Arc Mid-South](#) has Resource Inventory as well.

http://www.thearcmidsouth.org/WebResource/communityresources_mentalhealth.htm

Pregnancy and Parenting

Care Pregnancy Resource Center

1277 Main St - Stateline Rd

Southaven, MS 38671

(662) 280-1202

Services:

Provides free pregnancy testing, pro-life pregnancy counseling, material assistance (including maternity clothing and prenatal vitamins, free baby food, baby clothing, diapers and equipment when available), community service and medical referrals, and parenting classes and counseling (including individual or group postnatal counseling and classes on parenting, CPR, infant development, nutrition, and breastfeeding) and sexual abstinence classes for residents of Shelby County, TN and DeSoto County, MS.

Hours:

Tue, Thu, Fri 11:00 am – 6/7 pm

Eligibility:

Women and teens in Shelby and DeSoto counties

Documents To Bring:

Call for appointment

100 Black Women – Memphis

Young Women of Excellence Conference

Conference focuses on STEM education, self-esteem, empowerment, STIs, health education. Once a year. Has classes for parents as well.

Contact Info:

901-831-8739

www.ncbwmemphis.net Website is down, but they have a Facebook.

A Better Memphis

Fresh Starts Community Baby Shower

Fresh Starts is an annual community event that offers a mix of education, empowerment and opportunity resources to expecting mothers. Donations of baby goods are given out to expecting mothers. You must be able to show proof of pregnancy to attend.

Contact Info:

901-379-9101

3795 Frayser Raleigh Road, 38128

www.freshstartsbabyshower.com info@freshstartsbabyshower.com

A Step Ahead Foundation, Inc.

A Step Ahead provides funding for long-term, reversible birth control for women. Clients can receive birth control services through Memphis Health Center and Christ Community Health Center Health Center. Free transportation is included.

Contact Info:

901-320-7837 (phone line is 24/7)

www.astepaheadfoundation.org

Agape Child and Family Services

Powerlines Community Network

Agape has been trained by Christ Community Health Center to begin a program which will cover sexual transmitted diseases. This training includes general sex education and STI information/prevention.

901-323-3600

3160 Directors Row

Memphis, TN 38131

info@agapemeanslove.org

<http://agapemeanslove.org/programs-and-services/powerlines/>

Arc of the MidSouth

Life Skills Training

Focuses on life skills training for teens with disabilities and teaches basic life skills including how to avoid fetal alcohol syndrome. No referral. Just appointment needed. \$25 per week. T/W/TH 8 – 11:30am. Have to be out of high school/ graduated.

901-327-2473

3485 Poplar Ave, 38111

www.thearcmidssouth.org

Baptist Memorial Hospital for Women

MidSouth Baby Expo

This is an annual event, the primary mission of which is to provide educational resources to expectant and new parents. Seminars include Breast is Best, Pediatric Zone, Infant Safety Zone, and Sibling/Kids Zone.

Dynamic Dads

Dynamic Dads is a workshop for new dads focusing on the father's role in the parenting process, how to connect with the baby, how to support mom, as well as information on community support groups. <http://www.baptistonline.org/womens/events/results/?topicId=59>

Expectant Parents Class

Classes focusing on preparing for your baby and parenting, topics include: baby basics, what to expect, and home safety for the baby.

Specific Package for Pregnant Teen Girls

Baptist offers a short-term package for pregnant girls under the age of 18 which includes: prenatal classes, nutrition/exercise classes, and parenting classes focusing on teen life, teen life choices, and self-care. Classes can be in small groups, or one-on-one.

<http://www.baptistonline.org/event-search-form/results-detail/?eventId=e742132b-d9ad-e611-80dd-005056bb492a>

Contact Info:

901-227-9873

901-260-8506 (Dynamic Dads)

901-226-5764 (Expectant Parents Class)

6225 Humphreys Blvd, 38120

www.baptistonline.org

www.midsouthbabyexpo.com

Bethany Christian Services

Online Parenting Counseling

Bethany offers online and on-site counseling in regards to parenting and adoption. Topics include planning for your child, what to expect, information for community resources appropriate to individual, and adoption resources.

Contact Info:

901-818-9996

1044 Brookfield Road, 38119

www.bethany.org/memphis

Birthright of Memphis

Parents Learning and Networking Together (P.L.A.N.T.)

P.L.A.N.T. is a life skills parenting program for expectant moms who need a little more support. It is incentive-driven and offers eight classes taught by guest speakers.

Class topics include:

- Get Organized / Manage Your Time
- Be the Best Parent for Your Baby
- Infant First Aid and CPR Training
- Proper Nutrition
- Labor and Delivery
- Relationships
- Learn to Relax -- Not Just React
- Breastfeeding

During each P.L.A.N.T. class, every client is encouraged to participate actively in "hands on" learning activities, which help them to become better mothers. A special incentive is given to each participant after every class. Upon completion of the eight topics, reunion classes are offered for continued support until the client's child reaches the age of 3 years. 2.5-3 hour long class x 6. Usually for 1st time moms.

Contact Info:

901-327-8109

115 Alexander Street, 38111

www.birthrightofmemphis.org

info@birthrightofmemphis.org

Cathedral of Faith

I'm Somebody, Not Some Body

Mentoring program for girls designed to create self-awareness and self-esteem. Teaching girls and young ladies to dream and believe that they have the ability to bring those dreams to life in spite of their past or present circumstances. Sat 9am-12pm – every week except 3rd Saturday.

Do not have to be members of church

Contact Info:

901-327-1616

2212 Jackson Ave, 38122

Catholic Diocese of Memphis

Natural Family Planning Center

Program is faith-based and teaches teens the benefits of chastity, fertility appreciation and the sanctity of all human life. Girl-only classes also discuss hormonal changes and the "gift of sexuality." Mother/daughter or father/son classes are also available.

Contact Info:

901-373-1285

5825 Shelby Oaks Drive, 38134

www.cdom.org

Christ Community Health Services

Health Loop - Med-Plex Clinic

880 Madison, Suite 3E01, 38103

901-449-4241

<http://www.utmem.edu/gim/medplex/index.html>**Health Loop – Hollywood Clinic**

2500 Peres, 38108

901-515-5500

CHOICES (Memphis Center for Reproductive Health)

Contact Info:

901-274-3550

800-843-9895

1726 Poplar Ave, 38104

www.memphischoices.org**Christ Community Health Center (CCHC)**

Christ Community Health Center has multiple centers (all of which are listed within the medical facilities section), as well as mobile units. In addition to hosting a Centering Pregnancy, CCHC also offers an HIV/AIDS Program. Patients in this program receive treatment, education, and support - this program offers HIV testing, counseling with social worker, and information on social support systems in the Memphis area. A complete list of locations is included in the list of medical facilities.

Contact Info:

901-271-6000 (appointment line)

info@christchs.org (for general info)www.christcommunityhealth.org**Creative Life / Saving Station Christian Church*****Pure Destiny (after school program) 2:30-5:30pm M- F******Focus on Youth (summer program)***

Classes based around abstinence and purity, character development, and life choices. This program aims to deter premarital sex and STIs.

Contact Info:

901-775-0304 --- Marilyn Williams, Exec.

1222 Riverside Blvd, 38106

www.creativelifeinc.org**Exchange Club Family Center*****First S.T.E.P.S. (Skills To Ensure Parenting Success)***

Designed for disadvantaged, first-time teen mothers who show a risk for becoming abusive or negligent parents, this special in-home intervention program teaches young mothers how to become responsible parents. First STEPS provides pregnancy prevention, prenatal support, life skills (safe sex and STI information), parenting skills including nutrition and general health.

Guest speakers include pediatricians and dentists. First Steps begins with weekly classes, each teen is then paired with a parent aid as a mentor and after the initial course of classes monthly

support groups are offered for the rest of the year.

<http://exchangeclub.net/firststepsskillstoensureparentingsuccess>

Contact Info:

901-272-0051

2180 Union Ave, 38104

www.exchangeclub.net

Family Matters Memphis

Dynamic Dads

This program is a community-based boot camp for fathers and fathers-to-be. Provides a safe environment where rookie dads can learn how to care for their partners and new babies; and speak openly concerning their relationship with their fathers and their own fears about fatherhood.

Connections: Relationships and Marriage

This program is used in Memphis City Schools to teach teens how to build healthy romantic relationships. One component offers abstinence-only sex education.

Love's Cradle

This is a program for teenage parents to learn how to build healthy relationships with each other and their new babies.

Contact Info:

901-260-8520

2595 Central Ave, 38104

www.familiesmattermemphis.org

Le Bonheur Children's Hospital

Healthy Families

Healthy Families is an intensive and long-term home visitation program for first-time, teen mothers. Le Bonheur Healthy Families is credentialed in this evidence-based program by Healthy Families America. Participants are encouraged to enroll prenatally but can be accepted until the baby is two weeks old. A trained home visitor supports families in learning parenting skills, promoting positive parent-child interactions, promoting child development and school readiness, and child health through well-child visits and immunizations. Services are provided until the child reaches at least three years of age, but families may continue until the child is five years old. There is no fee for participants.

Parent Outreach

Parent Outreach provides parenting education and support through the evidence-based curriculum, Nurturing Parenting. It is a short-term, intensive program in which a parent educator meets with the family in their home on a weekly or bi-weekly basis for six months to address specific parenting needs. Families with young children (infants to age five) are eligible. There is no fee to participants.

Nurse-Family Partnership (NFP)

NFP is an evidence-based home visitation program for first-time, low-income mothers. Expectant mothers must enroll before the 28th week of pregnancy and receive services until the child's second birthday. NFP has three primary goals: improve pregnancy outcomes, improve child health and development, and improve the economic self-sufficiency of the family. Services are provided by bachelor-prepared registered nurses who visit weekly or biweekly. There is no fee to participants.

Be Proud! Be Responsible!

Evidence-based comprehensive sex education curriculum taught at MCS, community centers and churches. Classes can be single-sex or coed. It's a six-module program, with the modules covering topics such as HIV/STI prevention, birth control (including a condom demonstration) and negotiation skills.

Community HIV Network

The Community HIV Network has a family care program where support personnel meet with HIV-positive mothers and go with them to their doctor's appointments. After the baby is born, they follow the baby for 12-18 months. If the baby tests positive for HIV, they are referred to St. Jude's.

Contact Info:

901-287-5437 (mainline)

901-287-4700 (Healthy Families / Parent Outreach)

901-287-4723 (NFP)

901-287-4778 (Fatherhood)

901-287-4965 (Be Proud Be Responsible)

901-287-4751 (Community HIV Network)

50 Peabody Place, Suite 400, 38103

info@lebonheur.org

www.lebonheur.org

Early Success Coalition (ESC)

The ESC is a broad-based collaborative focused on improving the lives of families with young children in Shelby County. The ESC has four community goals:

- improve birth outcomes
- decrease child abuse and neglect
- improve school readiness
- improve third grade academic achievement

The ESC has been awarded public and private funds to develop the **Early Success Neighborhood** -- a comprehensive system demonstration project to improve all domains of school readiness:

- physical
- cognitive
- social
- emotional

The funds will support early home visitation programs and child development screenings (in pediatrician offices, childcare centers, Head Starts, etc.). Additional services including mental health consultation and parenting training/leadership programs will be provided in three high-risk zip codes in south Memphis.

Contact Info:

901-287-4700

Tennessee Breastfeeding Hotline

The Tennessee Breastfeeding Hotline (TBH) is a telephonic breastfeeding support program free to nursing mothers, their families and partners, expectant parents and health care providers. The hotline is staffed by international board-certified lactation consultants and certified lactation counselors seven days a week, 24 hours a day.

Lactation consultants and counselors collect can provide the following help:

- making assessments
- attending to the client's individual needs
- referring the client to available resources
- ensuring a follow-up with clients

The hotline can be reached by called **1-855-4BFMOMS** (1-855-423-6667).

Life Choices

Life Choices offers free pregnancy testing, treatment of STIs, adoption services, and an abstinence-only sex education (the curriculum is called Sexual Integrity). Offer early prenatal care, and then refer to OBGYN.

Bridges (Partnered with One-by-One Ministries)

Teen parents are paired up one on one with a mentor until child is one year old. Parents earn redeemable points for supplies.

Contact Info:

(901) 452-8991

2400 Poplar Ave. Ste 500

901-388-1172

5575 Raleigh-LaGrange, 38134

www.lifechoicesmemphis.org

Literacy MidSouth

Literacy MidSouth offers individual tutoring for parents and families with literacy issues. First, have to schedule an assessment.

Contact Info:

901-327-6000 (ext. 1007)
902 South Cooper, 38104
www.literacymidsouth.org

Shelby County Schools

Adolescent Parenting Program

The Adolescent Parenting Program (APP) is a site-based school that offers a coordinated academic and vocational curriculum designed to meet state requirements for graduation, while simultaneously providing the knowledge and skills needed to cope with the realities of parenting and adult living. Courses are offered for students in grades 7-12, and students may attend the APP for up to 2 years. Support services include an on-site nurse and social worker, teen parenting classes, after school tutoring, and an on-site day care center. Key outcomes for students include progress toward person growth, responsible parenting, drop-out prevention, graduation, development toward career goals, and responsible future family planning.

Contact Info:

901-416-6322
1266 Poplar Ave, 38104
<http://www.mcsk12.net/schools/adolescent.alt/site/index.shtml>

OUT Memphis

Queer as Youth and Gen Q

These youth groups provide an informal arena to discuss issues such as healthy eating, body image, and healthy sexuality. No formal curriculum. Gen Q is more of a social gathering and is self-run rather than facilitated. MGLCC also offers free HIV testing.

Contact Info:

901-278-6422
872 South Cooper, 38104
www.mglcc.org

One by One Ministries Inc

One by One Ministries Inc partners with area churches and community organizations to provide in-home mentoring services for new parents. One by One is an innovative outreach program designed to mentor new and expectant mothers. Once a month, a mentor (volunteer) will meet with a mom for about an hour to build a baby book using the One by One curriculum. The curriculum is designed to equip the mentor (volunteer) to reach their new parents for Christ, build strong families, prevent child abuse, and educate families about the growth and development of their baby.

Contact Info:

901-356-1758
www.onebyoneusa.org

Planned Parenthood Greater Memphis Region

Comprehensive Sexuality & Reproductive Health Education

Planned Parenthood offers age-appropriate, comprehensive sexuality and reproductive health education onsite, and in the community by request. Onsite Sexual Health Saturdays programs include: *Sexperts*, a fun, comprehensive sexual health peer education program that equips college students and young adults to be leaders among their peers; *JustUs*, a peer education program designed for teens and dedicated to providing honest, comprehensive information about sexual health; Middle School sessions cover anatomy, puberty, communication, consent, self-esteem, and sexually transmitted infections. Parent classes are also available offering age-appropriate skills, information, and resources to help them be successful in their role as primary sexuality educators for their children.

Health Services, HIV/STI Counselling and Prevention

PPGMR provides access to birth control related medical services, education and advocacy to ensure all women, men and teens in the Mid-South have the tools to plan their families and lives. Planned Parenthood offers free HIV counselling and testing by appointment and on a walk-in basis during regular health center hours, and weekly at Latino Memphis and the University of Memphis. Other STI tests are available by appointment in the health center during regular health center hours. They accept many insurance plans. For those who are uninsured, PPGMR offers deep discounts for preventive visits and problem visits. No proof of income required; fees are due at the time of service. Services for teens ages 18 and younger are FREE including preventive visits, problem visits, STI testing, and all forms of contraception.

Contact info:

(901) 725-1717

2430 Poplar Ave., 38112

www.PlannedParenthood.org/Memphis

info@ppgmr.org

Porter-Leath

Cornerstone

Cornerstone uses formal, evidence-based Parents as Teachers (PATs) curriculum in two parts. Part 1 is geared towards parents of children 3 and under and includes preventative health, healthy parenting practices and self-sufficiency in pregnant women as well as parenting families. Part 2 is geared towards parents of children ages 3-5 and includes training parents to be their children's first teachers. Both parts include home visitation, referrals, pre- and post-program testing and health screenings. Also includes a special program just for teen parents.

*referral from Coaction Net, or ext. 1115 – Ms. Patterson. tpatterson@porterleath.org.

Early Head Start

Early Head Start is an evidence-based home-visitation program for low-income pregnant women and mothers with children up to age 3. The program seeks to improve parenting skills, early childhood cognitive development, and social-emotional development of the family.

Separate from Cornerstone, but can earn points from being in Cornerstone.

Contact Info:

901-577-2500

868 North Manassas, 38107
 www.porterleath.org

Regional Medical Center at Memphis/The Med

Sunrise Program for Pregnant Teens

Four-week prenatal educational program for teens with a formal curriculum that covers comprehensive sex education, healthy relationships (violence prevention), teen family planning, child passenger safety seats, and birth orientation. It has been in place since 1988. The teens in the program are to deliver their babies at the Med and are placed in groups according to due dates.

Contact Info:

901-545-8449

877 Jefferson Ave, 38103

www.the-med.org

Shelby County Health Department

Help Us Grow up Successfully (HUGS)

Developed by the Tennessee Department of Health, Help Us Grow Successfully (HUGS) is a free evidence-based home-visitation program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through 5 years. Trained nurses visit at least once a month and talk about care. They also provide developmental assessments, and make referrals as needed. Another goal is to provide education about childcare using the Partners curriculum. They strive to reduce infant mortality and improve pregnancy outcomes.

Supervisor Linda Busby 901-222-9703

Contact Info:

901-379-7461

814 Jefferson Ave, 38104

Shelby County Office of Early Childhood and Youth (SCOECY)

All Babies Count (ABC Media Campaign)

This campaign includes speeches, canvassing and informing churches about the campaign. It is a grassroots public awareness campaign around infant mortality reduction. On the website, you can download a 'toolkit' to use in order to host your own ABC meeting.

Ask First: Is It Good For The Children? (Media Campaign)

Ask First is an awareness campaign to encourage both the public and private sector to consider the impact that their decisions have on children. The goal is to ask them to weigh what impact any decision would have on children.

Contact Info:

901-385-4224

600 Jefferson Ave, 38105

South Memphis Alliance

Dream Seekers Initiative

<http://www.smaweb.org/opportunity-passport-dream-seekers/>

SMA's Dream Seekers Initiative enrolls young people, (ages 14 – 26) who are or were in foster care in the Opportunity Passport which includes:

- Financial Literacy Training
- An Individual Development Account (matched savings account) to be used for saving towards long-term assets
- A personal bank account to be used for short-term expenses.
- Opportunities for advancement and support specifically designed to help young people aging out of care gain access to area resources.
- Substance abuse prevention/counseling
- HIV/AIDS education and testing
- Classes in anger management, goal-setting, parenting, among others.

Hope's Chest **requires referral form found on website*

Part of a demonstrations project through the Shelby County Office of Early Childhood and Youth, Hope's Chest will provide support services to pregnant and parenting teens who are or were in foster care. These young mothers, through referral, will receive prenatal care, parenting education, connections to Early Success partners, and access to a vouchered community "baby store" housed at SMA with items such as diapers, formula, clothing and cribs.

HIV/AIDS testing and counseling. South Memphis Alliance provides free, confidential, same day HIV testing, counseling and referral services at our Social Suds Resource Center. Simply call 901-774-9582 for testing days and times or to make an appointment.

Contact Info:901-774-9582 1048 South Bellevue Blvd, 38106 www.smaweb.org

Step Ahead Foundation

Health Screenings & LARCS - Multiple Clinics
Memphis TN 901-320-7838 (STEP)

St. Jude Children's Research Hospital

<https://www.stjude.org/treatment/disease/infectious-diseases/hiv.html>

Connect to Protect (C2P)

Seeks to reduce HIV/AIDS infection rates among teens and young adults through collaboration among community leaders and health researchers. C2P forms action-oriented partnerships, learns about young people and communities affected by HIV, and produces targeted strategies for preventing HIV infection among youth. The goal of C2P Memphis is to mobilize the community to reduce the prevalence of HIV infection among the target population. C2P Memphis works to create sustainable policies, practices, and programs around the identified root causes of age discordant relationships, lack of knowledge and information on HIV/AIDS, and a culture of silence regarding sexual violence and domestic abuse.

Contact Info:

901-595-5989

262 North Danny Thomas Place, 38105

andrea.stubbs@stjude.org <https://www.hishealth.org/models-of-care/smile-connect-to-protect>

UT Extension – Shelby County

Nutrition Classes

Classes on dietary needs/guidelines, healthy foods for children, effective use of assistance program (food stamps, etc.). Primary class attendees are young mothers.

Contact Info:

901-752-1207

7777 Walnut Grove Road, 38120

Universal Parenting Places

Universal Parenting Places (UPPs) provide parents and caregivers with professional counseling and support, at no charge.

UPP Baptist

350 North Humphreys Blvd., 5th Floor

Memphis, TN 38120

Phone: 901-227-9558

UPP Knowledge Quest

990 College Park, Suite 104

Memphis, TN 38126

Phone: 901-207-3694

<http://www.theupps.org/>

Warm Line

The Parent Support “Warm Line” is a free, live telephone line that connects parents with trained professionals who provide practical information, guidance, and emotional support. The goal of the Warm Line is to help parents navigate stressful situations in order to help young children and teens flourish physically, socially and emotionally. The Warm Line can be reached Monday-Friday, from 11 a.m. to 8 p.m. CST. **Contact Info: 844-877-9276**

Women, Infants, and Children (WIC)

Apply for WIC

To apply for the WIC program, please call the WIC administrative office at (901) 222-9750 or (901) 222-9790. A staff member will be happy to assist you with any questions you may have and help you locate the WIC clinic most convenient for you.

Eligibility

You must meet one of the following requirements to be eligible for the WIC program:

- Be individually determined to be at nutrition risk by a health professional
- Have infants and/or children up to five years of age

- Meet income guidelines - A family of four can earn up to \$3,446.00 a month and still qualify
- Be a pregnant or breastfeeding woman

[List of clinics](#)

Youth Striving For Excellence

Discipleship Club

Provides discipleship and club meetings; groups are di-vided by age for Bible study, fellowship, sexual abstinence programs and leadership training; other programs and services include: *Boy2Men, Rocking & Reading*, tutoring, and community service

Contact Info:

P.O. Box 80321, Memphis, TN 38108-0321

2886 Allen Road, Memphis, TN 38128-2928Ph. **(901) 386-9300** Fax (901) 386-9301

Email: yse1@bellsouth.net

Health Clinic Information

The following list includes contact information for major medical facilities that offer reproductive health care services in Shelby County. A brief list of services has been included, when possible.

Baptist Memorial Hospital for Women

6225 Humphreys Blvd, 38120

901-227-9000

www.baptistonline.org

Labor and delivery, gynecological surgery, a newborn intensive care unit (NICU) and the Comprehensive Breast Center and is a regional referral center for high-risk pregnancies, mammography diagnostics and uro-gynecology.

CHOICES (Memphis Reproductive Health Center)

1726 Poplar Ave, 38104

901-274-3550

800-843-9895

www.memphischoices.org

Comprehensive reproductive health services

Christ Community Health Center (CCHC)

Broad Avenue Health Center

2861 Broad Ave, 38112

901-260-8450

OB/GYN, STI testing, pediatrics, family medicine

CCHC - Frayser Health Center

3124 North Thomas St, 38127
901-260-8400
OB/GYN, STI testing, pediatrics, family medicine

CCHC - Third Street Health Center

3362 South 3rd St, 38109
901-271-6300
OB/GYN, STI testing, pediatrics, family medicine

CCHC - Orange Mound Health Center

2569 Douglass Ave, 38114
901-271-6200
OB/GYN, STI testing, pediatrics, family medicine

CCHC - Hickory Hill Health Center

5366 Winchester Road, 38115
901-271-6100
OB/GYN, STI testing, pediatrics, family medicine

CCHC - University Health Center

1211 Union Ave, 38104
901-271-0330
OB/GYN, STI testing, pediatrics, family medicine

Health Loop Center (The Med)

South Third Health Loop
1955 South 3rd Street, 38109
901-515-5800
Pediatrics and Family Medicine

Frayser Health Loop

2574 Frayser Blvd, 38127
901-515-5300
Pediatrics and Family Medicine

Guthrie Health Loop

1064 Breedlove, 38107
901-515-5400
Pediatrics and Family Medicine; WIC

Hollywood Health Loop

2500 Peres, 38108
901-515-5500
Pediatrics, Family Medicine and OB/GYN daily, WIC, Centering Pregnancy

The Med – Women and Baby Center

877 Jefferson Ave, 38103

901.545.7100 (main line)

Comprehensive prenatal as well as labor and delivery, NICU, high risk pregnancies

Memphis Health Center

360 East EH Crump Blvd, 38126 (main site)

(901) 261-2000

www.memphishealthcenter.org

Clinical services include: immunizations and early screening, family practice, obstetrics and gynecology, internal medicine, HIV/AIDS primary medical services, dental, medical laboratory, pediatrics, pharmacy, radiology, ophthalmology, homeless services, student health services, and podiatry. MHC has an array of support and enabling service programs inclusive of social services, case management, health education, transportation (at the rural location), Women, Infant and Children (WIC), family planning, Community Health Outreach Education Service Program, Community Network Program (CNP) cancer education and outreach program.

915 East McLemore Ave, 38126

Clinical services include: immunizations and early screening, family practice, obstetrics and gynecology, internal medicine, HIV/AIDS primary medical services, dental, medical laboratory, pediatrics, pharmacy, radiology, ophthalmology, and homeless services.

Methodist Le Bonheur Germantown Hospital – Germantown Women’s & Children Pavilion

7691 Poplar Ave, 38138

901.516.6000

<http://www.methodisthealth.org/locations/methodist-le-bonheur-germantown-hospital/index.dot>

Prenatal classes, NICU, comprehensive labor/delivery and neonatal care services, breastfeeding services

Methodist Le Bonheur Adolescent Health Clinics

- Wednesdays 9:00am - 12:00pm and Fridays 1:00pm – 5:00pm at the Le Bonheur Outpatient Center 51 N. Dunlap

- Wednesdays 1:00pm – 5:00pm at Le Bonheur Outpatient Center East, 100 N. Humphreys Blvd.

Both locations offer same day appointments, and full-spectrum adolescent services including Nexplanon and IUD

Methodist South Hospital – Maternity Center

1300 Wesley Drive, 38116

(901) 516-3700

<http://www.methodisthealth.org/locations/methodist-south-hospital>

Breastfeeding services, pregnancy classes, comprehensive labor/delivery care services

Planned Parenthood – Greater Memphis Region

2430 Poplar Ave, 38112
901-725-1717
www.plannedparenthood.org/memphis
Comprehensive reproductive health services

Shelby County Health Department

Parents can receive pregnancy testing, immunizations, WIC, breastfeeding support, family planning services, well child exams, STI testing and treatment, and safe havens for newborns at the Shelby County Health Department. The health department has multiple locations, listed below. Services and hours available at each clinic can be found at <http://www.shelbycountyttn.gov/index.aspx?nid=595>

Cawthon Clinic

1000 Haynes, 38114
901-222-9866

Collierville Clinic

167 Washington, 38017
901-222-9900

Galloway Clinic

477 N. Manassas, 38105
901-522-8268

Hickory Hill

6590 Kirby Center Cove, 38115
901-365-1045

Immunization Clinic

814 Jefferson, Room 216, 38105
901-222-9331

Millington Clinic

8225 Hwy. 51 N, 38053
901-873-4433

Summer Programs

Memphis Park Services offers a Summer Day Camp (ages 5 to 12) at all of its Community Centers and a Summer Teen Camp (ages 13 to 15) at selected sites. A Summer Day Camp is also offered at the Skinner Development Center. Campers will participate in recreational, athletic, and

educational activities, as well as attend field trips. The campers will be exposed to various activities such as arts and crafts, playground games, cultural arts, musical expression, and health and fitness programs.

Contact Info:

(901) 576-4203

or call your local Community Center

<http://www.memphistn.gov/Government/ParksNeighborhoods/SummerDayCamps.aspx>

YMCA Summer Camps – [more information](#)

Harding Academy – [various summer camps](#)

Memphis Jewish Community Center – [2017 day camp](#)

Family Fun Spots.com usually has a pretty good list on their [website](#)

KROC Memphis - [website](#)

Arc of the Midsouth does a summer camp for students with intellectual and developmental disabilities <http://thearcmidsouth.org/PDF/Weekend%20Retreat%202017.pdf>

Summer Bridge Program at the U of Memphis. [Link](#)

Annually, the Student Success Programs hosts a summer academic bridge program which is designed to address remediation issues, acclimate new project participants to the rigors of college life as well as expectations as an incoming SSP participant.

Summer Bridge targets incoming fall freshman that meet SSP program eligibility criteria. This unique optional program is not mandatory for participation in SSP but is strongly encouraged and has limited program slot availability. Recent high school graduates that may have to take remedial college course in the Mathematics and English area. Individuals that have been admitted to U of M and/or plan to enroll in the fall semester can apply.

Big Brown Summer Camp - [link](#)

Her Faith Ministries <http://herfaithministries.org/teen-camp-for-girls.html>

Girls Inc - [website](#)

Eureka!

Eureka! is a 5 year comprehensive program designed to inspire girls ages 12 to 18 to pursue their academic and career interests, especially in Science Technology Engineering and Math (STEM) related fields.

Girls enter the program the summer before their eighth grade year and continue through their high school graduation.

The Eureka! Program is designed to meet the intellectual, social, physical and emotional needs of adolescent girls through a combination of engaging STEM, sports, personal and career development activities.

Contact Info:

901-523-0217
2670 Union Ave Extended, #606, 38103
www.girlsincmemphis.org

Housing/Rent/Utilities

Good Neighbor Center -- West Memphis - Food/Clothing/Rent/ Utility Assistance

780 N College Blvd
West Memphis, AR 72301
(870) 735-0870

Services:

Provides rent assistance for people with eviction notices, clothing referrals for families recently burned out, emergency food assistance, and utility assistance when funds are available.

Provides utility assistance for people with shut-off notices less than 30 days old, rent assistance for people with eviction notices when funds are available, clothing referrals for families recently burned out of their dwellings and emergency food assistance.

Hours:

Monday - Friday 10:00 am - 2:00 pm

Eligibility:

Call to for appointment. Must be referred by Arkansas Dept of Human Services, church, or social services agency. Proof of identification needed and intake form must be completed on site. For utility assistance, must have shutoff notice no more than 30 days old. For rent assistance, must have eviction notice. For clothing assistance, must have recently suffered a burnout.

Documents To Bring:

Call for details

Shelby County CSA - Hickory Ridge Mall Office - Energy Crisis Program

[best website for information](#)

* Can only apply once per fiscal year. Resident must fill out online application and mail it to above address.

3772 Hickory Ridge Mall, #516
Memphis, TN 38115
(901) 222-4315

Services:

Currently accepting applications Provides utility assistance as funding is available to Shelby County residents with past-due or cutoff notices or who have had their utilities cut off who

meet low-income guidelines and have one of the following in the household: adult ages 60 and over, adult or child with disability, child ages 6 or under, unavoidable emergency or loss of income within last 90 days causing difficulty paying utility bill Call 222-4315 if you need to check on your application status.

Hours:

Mon - Fri 8:00 am - 4:30 pm

Eligibility:

Households in Shelby County with utility bills past due or cutoff notices or utilities which have been cut off who meet low-income guidelines and have one of following in the household: adult ages 60 and over; adult or child with disability; child age 6 or under; or unavoidable emergency or loss of income within last 90 days causing difficulty paying utility bill. Anyone who received utility assistance from Shelby County CSA since July 2009 to present IS NOT ELIGIBLE.

Documents to Bring:

Applications are available at Hickory Ridge Mall (southwest entrance) from Mon - Fri 8:00 am to 4:30 pm or can be downloaded from the website. Applicants may deliver completed applications with needed documentation to the same office. CSA will NOT meet with clients in person. CSA also distributes applications to some social service agencies, senior citizens programs, and churches. Applicants must provide completed, signed application, copy of most recent utility bill, copy of proof of household income, copies of social security cards and proof of age for all household residents. Completed applications for emergency assistance will be processed within 48 hours.

MLGW - Weather-Related Reconnection Program

opens up during the summer

245 S Main
Memphis, TN 38101
(901) 544-6549

Services:

Beginning 7/15/11 MLGW provides a hot weather related reconnection program for residential customers who are currently without electricity, gas and/or water services due to non-payment or identification issues Customers can pay \$275 to re-establish service, no matter how much they owe, but are required to enter a deferred payment plan (not to exceed five months) for their remaining outstanding balances MLGW would restore service for a minimum of 15 days Program applies ONLY to customers who have lost 1 or more services due to non-payment or failure to complete identification process Customers also have to have been disconnected within the past 6 months to be eligible To participate customers must pay \$275 at one of MLGW's 5 customer service centers Community Offices are open Mon day through Thursday 8:30 - 5:00 pm and Friday 8:30 am - 6:00 pm (with exception of Millington which is open Monday-Friday 8:30 am - 4:30 pm IN ADDITION: MLGW will open all its community offices on

Saturdays from 8:30 am - 5:00 pm until the program ends Community Centers are 245 S Main, 2935 Lamar Ave, 1111 East Shelby Drive, 2424 Summer or in Millington, 5131 Navy Rd.

Community Alliance for the Homeless, Inc.

Memphis Emergency Housing Hotline

(901) 529-4545

This 24-hour hotline helps connect homeless families with minor children in Memphis and Shelby County to shelter.

MIFA

* Can fill out online application or come to office between hours listed below.

Lots of services for families and elderly, including rental assistance, emergency housing, etc.

910 Vance Ave

Memphis, TN 38126

(901) 527-0208

Services:

Provides programs for seniors, families in crisis and urban teens in the greater Memphis metropolitan area See specific service listings for details on programs Member of Mid-South VOAD.

Hours:

Mon - Fri 7:30-10:30am

Documents To Bring:

IDs, SS, household income, late rent notice, and proof of loss.

Friends For Life - Short Term Rent/Mortgage and Utility Assistance

Memphis, TN 38104

(901) 272-0855

Antonio Gary Antonio.gary@friendsforlife.org

Services:

Provides short-term rent, mortgage, and utility assistance for up to 21 weeks per calendar year to persons living with HIV/AIDS.

Hours:

Mon - Thu 8:30 am - 5:00 pm; Fri 8:30am - 4:00 pm

Eligibility:

Must be resident of DeSoto, Marshall, Tate, or Tunica counties in MS or Crittenden County, AR, and have an income.

Documents to Bring:

Call for intake appointment.

Mid-State Opportunity - DeSoto County Office - Rent/Mortgage/Utility/Electric Assistance

9607 Hwy 178

Olive Branch, MS 38654

(662) 895-4153

Services:

Rent assistance to eligible residents is determined individually, usually with only a portion of total bill paid. Mortgage payment assistance contingent upon lender guarantee that resident can stay in home for at least another 30 days.

Hours:

Mon - Fri 8:00 am - 4:45 pm

Eligibility:

Must meet income (150% of federal poverty level) and household size requirements

Documents To Bring:

Elderly and disabled persons may call for appointments; all others must call to be put on waiting list for mandatory orientation meeting.

St Vincent DePaul - Memphis - Rent/Utility/Undesignated Financial Assistance

* Call hotline – get phone number for corresponding zip code.

8277 Belgrade Place

Cordova, TN 38016

(901) 722-4703

Services:

Provides money for rent/utility/medical bills or other needed financial assistance for residents of Memphis through different Catholic Churches when funding is available. Food and clothing may also be available. Call the central intake number (901-722-4703) to apply. NOTE: You will be asked to leave your name, address, zip code and the type of assistance you need, and if funds are available to help, the church that covers your local zip code will call you back. Each case is considered on an individual basis and home visits are done to evaluate and verify needs.

Eligibility:

Funding amounts vary by zip code

Documents To Bring:

Call (901-722-4703) to apply and leave your name, zip code and the type of assistance you are seeking. IF funding is available through the Catholic churches in your area, you will be called back for an intake interview. (NOTE: Calls will be made from private phone numbers, so make sure your phone service does not block unknown numbers through a privacy block.) Each case is considered individually, with help administered through different Catholic churches. Home visits are made to evaluate need and funding is limited.

Sacred Heart Southern Missions

499 E Commerce St
Hernando, MS 38632
(662) 429-5789

<http://www.shsm.org/site/PageServer?pagename=socialservice>

<http://www.shsm.org/site/PageServer?pagename=aboutus>

Services:

- **Direct Aid**—food banks, clothing, rent and utilities assistance to families and individuals with verified need; counseling and referral; personal and family financial management classes, in Holly Springs, Hernando, Olive Branch, Senatobia, Tunica and Walls
- **Advocacy and assistance to eligible individuals and families applying for state and federal benefits**—in Hernando, Holly Springs, Tunica and Walls.
- **Community Garden**—planted and maintained by staff and volunteers in Holly Springs, providing fresh produce for the Garden Café's free Thursday night meals and the Food Pantry.
- **Garden Café**—A full evening meal provided every Tuesday and Thursday at Holly Springs Catholic Social Services, cooked and served by volunteers from churches in Marshall and DeSoto County, to needy families and homeless persons.
- **GED High School Diploma Classes** in Holly Springs
- **Economic Alternatives Program** providing resumé development and employment counseling as well as small business development assistance in Holly Springs
- **HIV/AIDS Direct Ministry** operated out of Walls to persons and families affected by HIV/AIDS in northwest Mississippi and southeast Arkansas
- **Project Good Mother** classes for pregnant teens;
- **Effective Parenting** classes for court referred and other parents
- **A Thrift Store** providing gently used clothing, furniture and household necessities to individuals and families a low cost, or in emergencies, at no cost with vouchers from our Social Service offices.

Ritter Communications – Implements Lifeline Program

4880 Navy Rd
Millington, TN 38053
(901) 872-3311

Services:

Provides local phone and internet service for **Millington** and **Munford** areas in Shelby and Tipton counties Provides Lifeline low-income telephone assistance to eligible customers.

Hours:

Mon - Fri 8:00 am - 5:00 pm

Eligibility:

Persons who currently receive SSI, TANF, Food Stamps or Medicaid automatically qualify for the Link-Up and **Lifeline** programs. The phone company will ask for proof of enrollment in these programs. You may also qualify depending on income. Contact TRA (800-342-8359) for more information on income requirements for these telephone assistance programs. 866-255-6799 is the official Lifeline program (national program)

Documents To Bring:

Call (901) 872-7000 to apply for Link-Up and Lifeline programs. Walk in to the Millington or Munford office to apply for new phone service.

Homeless Shelters

Memphis Emergency Housing Hotline

(901) 529-4545

Memphis Union Mission

- Food
- Shelter
- Clothing
- Showering
- Day Shelter
- Medical Clinic

Moriah House (for Women and Children): 901-526-8403

Memphis Union Mission Downtown - Single Men's Shelter

383 Poplar Ave
Memphis, TN 38105
(901) 526-8434

Services:

Provides temporary lodging for single homeless men 18 and older, including meals, church services and personal counseling; provides advertising/repairs to painted bus benches in Memphis metro area for groups/businesses.

Hours:

OFFICE: Mon - Fri 8:00 am - 5:00 pm; FACILITY: 24/7

Eligibility:

Homeless men ages 18 and over

Documents to Bring:

Call for details or walk in daily (including weekends) from 3:00 pm - 6:00 pm. Must have some form of ID (driver's license, Social Security card, birth certificate, etc).

Memphis Union Mission - Intact Homeless Family Shelter

Intact Family Shelter
Memphis, TN 38127
(901) 357-9641

Services:

Provides transitional shelter for homeless families who qualify for up to 90 days.

Eligibility:

Homeless families who show proof of legal marriage and valid state photo ID or driver's license, undergo drug test and background check, submit to personal interview. At least one party must be employed and own a car with basic liability insurance coverage.

Documents To Bring:

Call about screening process.

Her Faith Ministries

Transitional Housing for Homeless Women with Children and for Single Women
3396 Park Ave
Memphis, TN 38111
(901) 324-3705

Services:

Provides a faith-based program which offers low-cost housing, food, clothing, transportation and other assistance for homeless women with up to two children or for single women for up to one year. Families have their own sleeping quarters, but share the common spaces of the house. Each case is reviewed on an individual basis for admission to the program.

Hours:

Mon - Thu 9:00 am - 4:00 pm

Eligibility:

Women in Shelby County who are homeless and receiving some form of public assistance, with up to two children; also accepts single women. Women who are accepted into the program must be seeking to improve their situation. If women do not have a GED, they must be willing to take steps to acquire one; or, they must be willing to get a job, and to show evidence of intent to improve their lives. Two or more women might share a house together. There are no house monitors; women are expected to monitor their own comings and goings. If the rules are

not adhered to, they will be asked to leave. Ex-Offenders are welcome to apply, but the facility is not equipped to handle persons with special needs or mental illness issues.

Documents to Bring:

Call for intake interview; requires state issued ID, social security card, proof of income, birth certificates and proof of need.

Calvary Rescue Mission

Homeless Men's Shelter
 960 S Third St
 Memphis, TN 38106
 (901) 775-2571

Services:

Provides shelter, breakfast/dinner, clothing, and mandatory chapel services. Overnight shelter has no time limits, if fee is paid.

Hours:

OFFICE: Mon - Fri 8:00 am - 5:00 pm; CHECK-IN: 4:00 pm - 7:00 pm; DINNER: 6:00 pm; MUST ATTEND CHAPEL SERVICE

Eligibility:

Men 21 and over with picture ID, Social Security number, or 3 other forms of identification. Room for 44 men.

Documents To Bring:

First-come, first-served. Walk in between 4:00 pm - 7:00 pm daily, including weekends. Call for details.

Manna House - Homeless Drop-In Center

1268 Jefferson Ave
 Memphis, TN 38104
 (901) 334-5832

Services:

Provides drop-in center on Monday, Tuesday and Thursday, 8:00 am - 11:30 am for homeless and needy people to take showers and have a beverage; provides some limited clothing and personal hygiene items. Staff from the New Hope Outreach Center serve a hot breakfast to the homeless at this site every 3rd Saturday of the month from 7:00 am - 10:00 am.

Hours:

Mon, Tue, Thu 8:00 am - 11:30 am; free hot breakfast every 3rd Saturday of the month from 7:00 am - 10:00 pm

Eligibility:

Anyone in need

Documents To Bring:

Walk in during opening hours; must call one day ahead to book shower; men offered showers on Mondays and Thursdays; women offered showers on Tuesdays.

Fresh Start Women's Program

3647 Orchi Road
Memphis, TN 38108
Phone: 901.937.8077

Community Centers

Website of [Memphis City Community Centers](#)

Each community center provides:

- Classes, programs and events in 5 Core Services (see individual Community Center pages for specific offerings.)
 1. Health, Fitness, and Wellness Services and Programs
 2. Educational Development and Training Services
 3. Cultural Arts Programming
 4. Dance and Musical Expression
 5. Character Building and Social Development
- Summer Day Camp
- A gymnasium, game room, art studio, kitchen, and meeting rooms
- Supervised Youth Team Sports
- Time for free play
- Holiday Events

The Salvation Army Kroc Memphis

800 East Parkway South
Memphis, Tennessee 38104
Phone: (901) 729-8007

Hour Of Operations

Monday-Thursday: 5:30am-9pm
Friday: 5:30am - 8pm
Saturday : 7am - 7pm
Sunday: 12pm - 5pm
Starting October 1

Food Insecurity

Serving in Christ Outreach Ministry

119 Racine St
Memphis, TN 38111

(901) 881-7956

servinginchrist.weebly.com/

9:00AM - 2:30PM

[Facebook](#)

United Methodist Neighborhood Centers of Memphis, Inc. (UMNC)

Asbury United Methodist Church

2969 S. Mendenhall at Cottonwood [[Click here for Map](#) including Bus information]

Memphis, Tennessee 38115

901-363-1135

Food Pantry Hours:

Thurs. 9:00 AM – 12:00 PM

Serving zip code: 38115, 38118

Faith United Methodist Church

2450 Frayser Blvd. [[Click here for Map](#) including Bus information]

Memphis, Tennessee 38127

901-385-1651

Food Pantry Hours:

Tues. 9:00 AM -12:00 PM

Serving zip codes: 38127

Grace United Methodist Church

1619 East Raines Road [[Click here for Map](#) including Bus information]

Memphis, Tennessee 38116

901-396-5123

Food Pantry Hours:

Tues. 9:00 AM – 11:00 AM

Serving zip code: 38116

Scott Center at UMNC

3000 Walnut Grove [[Click here for Map](#) including Bus information]

Memphis, Tennessee 38111

901-323-4993

Food Pantry Hours:

Tues. & Thurs. 9:00 AM – 12:00 PM

Serving zip code: 38111; 38112; 38152 (temporarily because of a closing 38122, 38108)

Heartsong Church

800 North Houston Levee [[Map](#)]
Cordova, Tennessee 38018 [[Click here for Map](#) including Bus information
WARNING over an hour walk from nearest Bus stop]

901-755-6332

Food Pantry Hours:
2nd and 4th Saturday 9:00 AM – 12:00 PM
Serving zip code: 38018

Mid-South Food Bank

239 South Dudley, Memphis, TN 38104
info@midsouthfoodbank.org
901-527-0841

MIFA

910 Vance Avenue
Memphis, Tennessee 38126
(901) 527-0208

Cathedral of Faith Community Church - Clothing/Food Pantry - Call - By Appointment Only

* Have to make appointment.

2212 Jackson Ave
Memphis, TN 38112
(901) 327-1616

St. Mary's Soup Kitchen

[Facebook](#)

<http://www.stmaryssoupkitchen.org/>

155 Market St. Memphis TN 38105
901-522-9420

Carpenters Table Food Pantry - Working Persons in 38104, 38105, 38107, 38112, 38126,
38127 – Call

* Best to be referred by MIFA.

204 N Second St
Memphis, TN 38105
(901) 527-8362

Services:

Provides food pantry (Carpenter's Table) on Saturdays by appointment to prescreened clients through the First United Methodist Church downtown Memphis, with food, paper products,

diapers, infant formula and hygiene supplies for eligible working families in zip codes 38104, 38105, 38107, 38112, 38126 and 38127. Referral from MIFA

Hours:

Food Pantry: Saturday 10:00 am - Noon

New Tyler AME Church - Food Pantry/Clothes Closet

3300 Summer Ave
Memphis, TN 38122
(901) 323-9371

Services:

Provides food pantry and clothes closet to Shelby County residents in need Call to apply and to check on availability of food and clothing.

Hours:

2nd and 4th Saturday 10:00 am - Noon

Eligibility:

Shelby County residents in need.

Documents To Bring:

Call to apply; must provide photo ID and proof of need.

Mission Possible Christian Counseling Outreach Service Mission - Outreach Service Mission

2400 Poplar Ave #228
Memphis, TN 38112
(901) 458-4357

<http://missionpossiblecosm.org/>

Services:

Outreach Service Mission provides Christian-based counseling, emergency food, and clothing.

Memphis International Church - Food Pantry/Clothes Closet

3rd Tue Monthly - 6:00 pm
1435 Wells Station Rd
Memphis, TN 38108
(901) 452-7993

Services:

Provides groceries and clothes -- first-come, first-served -- for needy people who fill out paperwork on distribution days MUST BE IN LINE BY 6:00 PM TO RECEIVE HELP.

Hours:

PANTRY: 3rd Tuesday of the month; must be in line by 6:00 pm

Eligibility:

Any needy person must complete necessary intake form on food distribution days

Documents To Bring:

Walk in; must provide a photo id, proof of any government assistance, and your social security card

Olive Branch Community Emergency Food Ministry

10947 Highway 178
Olive Branch, MS 38654
(662) 895-2913

Services:

This agency provides emergency food for up to seven days to Olive Branch residents who are having a difficult time providing food for their families.

Hours:

Thrift Store: Tue, 10:00 am-12:00 pm; Fri 12:00 pm-4:00 pm; Sat, 10:00am-2:00pm
Food Pantry: Tue, 10:00 am-12:00 pm; Thu, 6:00 pm-8:00 pm

Transportation

Memphis Area Transit Authority (MATA)

Route and Schedule Information

(901) 274-MATA (6282)

MATAplus
(901) 722-7171

MATA Administrative Offices

1370 Levee Road
Memphis, TN 38108
(901) 722-7100

Trolley
(901) 577-2640

William Hudson Transit Center

444 N. Main Street
(901) 523-8134

Lost and Found
(901) 523-8134

American Way Transit Center

3921 American Way
(901) 722-0322

Customer Feedback
(901) 522-9175
ridersfirst@matatransit.com

Airways Transit Center

3033 Airways Boulevard
(901) 722-7080

Hearing and Speech Impaired
(901) 523-2817

Pass and ID Card Information
(901) 523-8134

Flitways

(901) 273-7903

MetroCab

901-322-2222

Yellow Cab

901-577-7777

Work Force Development

Labor Force - Memphis office

Job placement, Temp work

5201 Stage Rd.

Memphis TN, 38128

901-372-1004

Memphis Goodwill Industries, Inc.

Vocational Education and Job Training

Multiple sites- <http://www.goodwillmemphis.org/locations>

Memphis Public Library & Information Center –

LINC 2-1-1 Information Multiple sites

Hospitality Hub (Calvary Episcopal Church)

82 N. Second St.

Memphis TN, 38103

901-522-1808

Center for Independent Living

<https://sites.google.com/site/mcilaction/home>

1633 Madison Ave.

Memphis TN, 38104

901-726-6404

The Bridge - Vendor Training/ Employment

<http://thememphisbridge.com/>

704-608-9984

Our organization interviews, trains, and certifies people with experiences of homelessness to be vendors of this newspaper. After certification, each vendor receives a badge and 20 free copies of the month's edition of *The Bridge*. Vendors can purchase further copies from our organization for \$0.25 each and then sell *The Bridge* in the Memphis community for \$1.00 per paper. Vendors keep 100% of the profit.

New vendors are trained every Thursday afternoon at 2 p.m. at St. Mary's Episcopal Cathedral, 700 Poplar Avenue. Training takes approximately twenty minutes, and vendors can start selling *The Bridge* immediately.

Workforce Investment Network

<http://www.workforceinvestmentnetwork.com/youth-services/introduction>

- Served 1300 youth in 2010. - Has dedicated youth services program. - State funded

The Salvation Army Kroc Center

Range of continuing education classes

Also offers health and wellness classes

The Memphis Youth Coalition

Seems to be a bit smaller and religion-focused

Greater Memphis Alliance for a Competitive Workforce

Evidence-based

Funded (I think) through Seedco's MidSouth Career Pathways Collaboration

Works with adults enrolled in work-release programs

Memphis Urban League

Has Education & Youth Development program

Funded by Comcast and United Way Midsouth

TN Department of Labor & Workforce Development

Has solid metrics and data around teens they serve

Also evidence-based

Southwest Community Colleges

Lots and lots of workforce development programs

Utilizes programs like the TN Promise scholarship, more teens can get secondary education

Mental Health

Case Management Inc - PATH (Project to Aid in the Transition from Homelessness)

<http://www.cmiofmemphis.org/programs.html#path>

1087 Alice Ave
Memphis TN, 38104
901-821-5600

Memphis Child Advocacy Center

Our vision is a community where children are safe, families are strong and victims become children again. Our mission is to serve children who are victims of sexual and severe physical abuse through prevention, education and intervention.

1085 Poplar Ave. Memphis, TN 38105
901.525.2377 | info@memphiscac.org

Memphis and Shelby County Emergency Mental Health - Memphis Mental Health Institute

<https://www.tn.gov/behavioral-health/topic/memphis>

*verified 1/30/2017

951 Court Avenue
Memphis TN, 38103
(901) 577-1800

Memphis Health Center, Inc.

*Do “everything”. Mental health, primary care, have “Healthcare for the Homeless” program. They don’t take children < 16 years old; will refer them out.

901-261-2062

Crump:

Monday & Wednesday 7:30am to 9:00pm
Tuesday & Thursday 7:30am to 5:30pm
Friday - 7:30am to 11:30am
Saturday - 8:00am to 12:00pm
Sunday Closed

Towne Center:

Monday - Thursday 7:30am to 5:30pm
Friday 7:30am to 11:30am
Saturday: Closed
Sunday: Closed

Rossville:

Monday - Thursday 7:30am to 5:30pm
Friday 7:30am to 11:30am
Saturday: Closed
Sunday: Closed

Whitehaven:

Monday - Thursday: 7:30am to 5:30pm
Friday: 7:30am to 11:30am
Saturday: Closed
Sunday: Closed

Alliance Healthcare Services

<http://www.alliance-hs.org/>

901-369-1410 (appointment line)

Crisis Services: 951 Court Ave **CRISIS NUMBER 901-577-9400**

Locations:

2579 DOUGLASS AVE.
MEMPHIS, TN 38114
901-369-1480

2100 WHITNEY AVE.
MEMPHIS, TN 38127
901-353-5440

3628 SUMMER AVE.
MEMPHIS, TN 38122
901-452-6941

3810 WINCHESTER RD.
MEMPHIS, TN 38118
901-369-1400

Tennessee Mental Health Consumers Association - Memphis Peer Center

669 Madison
Memphis TN, 38103
901-522-2090

Case Management Shelter for Homeless People w/Mental Illness - Shelter Plus

1087 Alice Ave.
Memphis TN, 38106
901-821-5600

Case Management - Adult Outpatient Mental Health Treatment

4041 Knight Arnold Rd.
Memphis TN., 38118
901-821-5600

Case Management - Adult Outpatient Mental Health Treatment

14 N Bellevue Ave
Memphis TN., 38104
901-821-5600

Lowenstein House - Residential Adult Mental Health Services

*Takes referrals and walk-ins

821 S. Barksdale Ave.
Memphis TN, 38114
901-274-5486

Memphis Mental Health Institute

951 Court Ave.
Memphis TN, 38103
901-577-1800

Lakeside Behavioral Health System

2911 Brunswick Road
Memphis, TN 38133

(901)377-4700

1-800-232-LAKE (5253)

Offers specialized behavioral health and addictive disease services (both inpatient and outpatient).

<http://www.lakesidebhs.com>

Mid-South Health Net - Housing for Patients with Mental Illness

1997 Higbee

Memphis TN, 38104

901-274-1833

Youth Villages Memphis - Home-Based Mental Health Services

5515 Shelby Oaks Dr.

Memphis TN., 38134

901-252-7660

Genesis House for the Homeless - Residential Substance Abuse/Mental Illness Center

300 N. Bellevue Blvd.

Memphis TN., 38105

901-726-9786

Clothing

White Station Church of Christ - Memphis - Clothes Closet

1106 Colonial

Memphis, TN 38117

(901) 761-2007

Services: Provides clothes closet for persons in need in Shelby County.

Hours: Call to set up appointment

Eligibility: Anyone in need of clothing in Shelby County

Documents To Bring: Call for information

Hope Presbyterian Church - Clothing Ministry

8500 Walnut Grove Rd

Cordova, TN 38018

(901) 755-7721

Services: Clothes closet is open to anyone in need of clothing in the community.

Eligibility: Anyone in need

Documents To Bring: Call for information

AMVETS Thrift Center - Memphis - Assistance for Fire/Disaster Victims

2526 Elvis Presley Blvd

Memphis, TN 38106

(901) 775-5010

Services: Distributes and collects clothing, furniture, and appliances for fire and disaster victims referred through the Red Cross or homeless veterans referred through Alpha Omega. Operates thrift store and will provide pickups for large donations.

Hours: Mon - Sat 9:00 am - 9:00 pm; Sun Noon - 5:00 pm

Eligibility: Homeless veterans referred by VA Hospital or Alpha-Omega and disaster victims referred by Red Cross are eligible for discounts off anything in the store. Thrift store is open to anyone.

Documents To Bring: Walk in after referral is made by Red Cross or Alpha Omega OR with a fire marshall's report or other documentation of disaster

Sacred Heart Southern Missions - Olive Branch Office - Clothing Assistance

9607 Hwy 178

Olive Branch, MS 38654

(662) 893-0255

Services: Provides clothing assistance, usually in the form of vouchers to use in SHSM Thrift Store, 495 E Commerce St, Hernando, MS. Occasionally distributes second-hand clothing out of offices, if available.

Hours: Mon, Tue, Wed, Fri 10:00 am - Noon

Eligibility: Must meet MS Poverty Income Scale Guidelines.

Documents To Bring: Call about screening process.

Bellevue Baptist Church - Impact Ministries - Single Family Disaster Victim Assistance

3759 N Watkins

Memphis, TN 38127

(901) 354-7060

Services: Provides clothing and household items from thrift store for victims of fire or other disasters in Shelby County.

Hours: Tue - Fri 10:00 am - 4:00 pm

Eligibility: Must show proof of household fire, flood or other disaster

Documents To Bring: Call to set up appointment

Trinity Community Coalition Outreach - Clothes Closet

425 W Peebles Rd

Memphis, TN 38109

(901) 786-1220

Services: Provides clothes closet for needy families.

Hours: Mon - Fri 8:00 am - 5:00 pm

Eligibility: Anyone in need of clothing due to emergency such as job loss

Documents to Bring: Walk in to complete an application for the service. Must document the emergency.

St Augustine Catholic Church - Memphis - Clothes Closet

1169 Kerr Ave
Memphis, TN 38106
(901) 774-2297

Services: Provides clothes closet for those in emergency. For those able to work, a voucher system allows them to earn clothes by doing chores in the church Accepts donations of clothing during church office hours.

Hours: Sat 10:00 am - 1:00 pm; Wed 10:00 am - Noon

Eligibility: Anyone in need

Documents To Bring: Call for information

St Anne's Catholic Church - Food Pantry - Walk in Sat 9:00 - 11:00 am

706 S Highland
Memphis, TN 38111
(901) 323-3817

Services: Provides food pantry on Saturdays 9:00 am - 11:00 am and clothes for those in need Partner agency of Mid-South Food Bank.

Hours: Office Hours: Mon - Fri 9:00 am - 4:30 pm, closed 12:00 pm - 12:30 pm

Eligibility: Anyone in need.

Documents To Bring: Walk in; must have photo ID.

St Andrew AME Church - Clothes Closet

6 Miles Away
1369 Mississippi Blvd
Memphis, TN 38106
(901) 948-3441

Services: Provides clothes closet for those need every Wednesday 5:00 pm - 7:00 pm.

Hours: Wed 5:00 pm - 7:00 pm

Eligibility: Anyone in need

Documents To Bring: Walk in

New Bethel Temple COGIC - Memphis - Clothes Closet

3372 Park Ave
Memphis, TN 38111
(901) 327-8515

Services: Provides clothes closet for those in need.

Hours: Mon - Fri 9:00 am - 5:00 pm, Church Office Hours

Eligibility: Any resident of Memphis

Documents To Bring: Call to schedule an appointment; requires application and screening interview. Each applicant is evaluated on a case-by-case basis.

Lifeline to Success - Clothes Closet

1647 Dellwood Ave
Memphis, TN 38127
(901) 729-6537

Services: Provides clothes closet open to any persons in need in Shelby County Includes both adult and children's clothes, with suits for men donated by Men's Warehouse Call to schedule an appointment and to check on availability of clothing in your size.

Hours: Mon - Fri 9:00 am - 5:00 pm

Eligibility: Persons in need of clothing

Documents To Bring: Call to schedule an appointment

Healthcare

Birthright of Memphis

115 Alexander
Memphis TN, 38111
901-327-8109

Baptist Operation Outreach - (Mobile Health Care Clinic)- Christ Community Health Services

69 N. Cleveland Ave.
Memphis TN, 38104
901-283-8233

MedPlex Clinic - QuickCare

880 Madison Ave.
Memphis TN, 38103
901-545-7185

Memphis and Shelby County Health Department - Immunizations

Hickory Hill Clinic
6590 Kirby Center Cove
Memphis TN, 38115
901-222-9910

Memphis Center for Independent Living - Independent Living for persons with disabilities

1633 Madison Ave.
Memphis TN, 38104
901-726-6404

Does a Youth Leadership in the summer.

www.mcil.org

National Alliance on Mental Illness - NAMI Memphis

2009 Lamar Ave., Suite 200

Memphis TN, 38114

901-725-0305

Aging Commission of the Mid-South - Public Guardianship

2670 Union Ave. Extended

Memphis TN, 38112

901-324-6333

Case Management Inc - PATH (Project to Aid in the Transition from Homelessness)

1087 Alice Ave

Memphis TN, 38104

901-821-5600

Comprehensive Counseling Network - Frayser Family Counseling Center

2150 Whitney Ave.

Memphis TN, 38127

901-353-5440 [View Details](#)

Comprehensive Counseling Network - Paul Schwartz Center for Children and Families

100 Whitney Ave.

Memphis TN, 38127

901-353-5440

HIV/AIDS

Friends For Life – Testing, Short Term Rent/Mortgage and Utility Assistance

HIV Testing and HIV Education

Free HIV testing on Tuesdays and Thursdays. While the individual waits for their test results, a trained counselor works with them to develop an individualized plan to help prevent HIV.

Contact Info:

901-272-0855

43 North Cleveland Street, 38104

www.friendsforlifecorp.org

Services: Provides short-term rent, mortgage, and utility assistance for up to 21 weeks per calendar year to persons living with HIV/AIDS.

Hours: Mon - Thu 8:30 am - 5:00 pm; Fri 8:30am - 4:00 pm

Eligibility: Must be resident of DeSoto, Marshall, Tate, or Tunica counties in MS or Crittenden County, AR, and have an income.

Documents To Bring: Call for intake appointment.

Morning Star Holiness Church Outreach Ministries - HIV/AIDS Ministry

3161 Park Ave
Memphis, TN 38111
(901) 452-7697

Services: Provides support services for persons with HIV/AIDS, including counseling, clothing, personal hygiene items, and medical transportation when needed.

Eligibility: Any adult with HIV/AIDS

Documents To Bring: Prefers referrals from social service agencies, but will accept self-referrals.

LGBTQ

OutMemphis

892 Cooper St
Memphis, TN 38104
(901) 278-6422
info@outmemphis.org

Offer wide variety of services including social groups, support groups, transgender resources, safe spaces, and financial help for homeless LGBTQ teens. Counselors also on staff.

MAGY (Memphis Area Gay Youth)

[Facebook](#)

*Does a teen group on Fridays.